## BOONVILLE life CENTER

A program of the Life Center Collaborative

## Events for January 2026

Date & Time: Tuesday, January 6th 10:30am-3:00pm

Who: Bethany from Come to the Table Counseling on site.

What: CttT offers behavioral health treatment for teens and adults both in person and TeleHealth. Self-pay and insurance options available. Call (315) 533-2570 or visit www.cometothetablecounseling.com. Come on it and learn more about CttT services for the Adirondack Central School District.

Date & Time: Tuesday, January 13th 10:30am-3:00pm

Who: National Grid Consumer Advocate, Martani

What: Are you finding yourself overdue on your energy bill? Does it seem that everything that you are doing isn't moving the balance? Curious about cutting costs? While Boonville has municipal power, not all households across the Adirondack Central School District fall within that coverage area. Come in and learn more about National Grid's services.

Date & Time: Tuesday, January 20th 10:30am-3:00pm

Who: Kevin from Helio Health

**What:** Helio Health offers a wide range of treatment, counseling, and support programs for mental health and addiction. Stop in and learn more about the services Helio Health offers.